

NAME THAT POSE!

Monkey and Dog are making shapes with their bodies.
Can you draw a line to match the correct name of the pose.



Aeroplane



Pinwheel



Double dog

Now create your own yoga pose and give it a name.

A large rectangular area with a dashed blue border, intended for drawing a custom yoga pose.



Yaks Can Do Yoga! And Don't Be Grumpy, Monkey!
By Snezana Danilovic Illustrated by Sandy Thornton